### **AGENDA**

### Monday, December 6, 2004

8:30 a.m. Opening Remarks

Patricia A. Grady, Ph.D., R.N.

Director

National Institute of Nursing Research

National Institutes of Health

8:40 a.m. Charge to the Panel and Participants

Susan Rossi, Ph.D., M.P.H.

**Deputy Director** 

Office of Medical Applications of Research

Office of the Director

National Institutes of Health

8:50 a.m. Conference Overview and Panel Activities

Margaret M. Heitkemper, Ph.D., R.N., F.A.A.N.

Conference and Panel Chairperson

Professor and Chair

Department of Biobehavioral Nursing and Health Systems

University of Washington School of Nursing

#### I. What Defines the Transition to the End of Life?

9:00 a.m. A Demographic and Prognostic Approach To Defining the End of Life

Elizabeth Lamont, M.D., M.S. Assistant Professor of Medicine

Massachusetts General Hospital Cancer Center

Harvard Medical School

9:20 a.m. Preferences and Changes in the Goals of Care

Thomas Finucane, M.D.

Professor of Medicine

The Johns Hopkins University School of Medicine

9:40 a.m. Discussion

Participants with questions or comments for the speakers should proceed to the microphones and wait to be recognized by the panel chair. Please state your name and affiliation. Questions and comments not heard before the close of the discussion period may be submitted at the registration desk. Please be aware that all statements made at the microphone or submitted later are in the public domain.

#### Monday, December 6, 2004 (continued)

# II. What Outcome Variables Are Important Indicators of the Quality of the End-of-Life Experience for the Dying Person and for the Surviving Loved Ones?

10:10 a.m. Overview of the Domains of Variables Relevant to End-of-Life Care

Betty R. Ferrell, Ph.D., R.N., F.A.A.N.

Research Scientist and Professor

Department of Nursing Research and Education

City of Hope National Medical Center

10:30 a.m. Measuring Outcomes Prospectively

Karen E. Steinhauser, Ph.D.

**Associate Faculty Scholar** 

Veterans Affairs and Duke Medical Centers

Duke University Institute on Care at the End of Life

10:50 a.m. Measuring Outcomes Retrospectively

Joan Teno, M.D., M.S.

Professor of Community Health and Medicine Center for Gerontology and Health Care Research

**Brown University** 

11:10 a.m. Handling Missing Data

Paula Diehr, Ph.D.

**Professor** 

Biostatistics and Health Services Department of Biostatistics University of Washington

11:30 a.m. EPC Presentation: Summary of the Evidence

**EPC Speaker TBA** 

**RAND** 

11:50 a.m. Discussion

12:30 p.m. Lunch

# III. What Patient, Family, and Health Care System Factors Are Associated With Improved or Worsened Outcomes?

1:30 p.m. Racial, Cultural, and Ethnic Factors

LaVera M. Crawley, M.D., M.P.H.

Center for Biomedical Ethics

Stanford University

#### Monday, December 6, 2004 (continued)

# III. What Patient, Family, and Health Care System Factors Are Associated With Improved or Worsened Outcomes? (continued)

1:50 p.m. Key Factors Affecting Dying Children and Their Families

Pamela S. Hinds, Ph.D., R.N.

Director

Nursing Research

St. Jude Children's Research Hospital

2:10 p.m. Key Factors Affecting Those Dying With Dementia

Greg A. Sachs, M.D.

Chief

Section of Geriatrics Professor of Medicine Department of Medicine University of Chicago

2:30 p.m. Health Care System Factors

R. Sean Morrison, M.D.

Hermann Merkin Professor of Palliative Care

Hertzberg Palliative Care Institute Mount Sinai School of Medicine

2:50 p.m. EPC Presentation: Summary of the Evidence

**EPC Speaker TBA** 

**RAND** 

3:10 p.m. Discussion

### IV. What Processes or Interventions Are Associated With Improved or Worsened Outcomes?

4:00 p.m. Interventions To Manage Symptoms at the End of Life

Charles F. von Gunten, M.D., Ph.D.

**Medical Director** 

Center for Palliative Studies

San Diego Hospice & Palliative Care

San Diego School of Medicine

University of California

#### Monday, December 6, 2004 (continued)

# IV. What Processes or Interventions Are Associated With Improved or Worsened Outcomes? (continued)

4:20 p.m. Interventions To Enhance Communication Among Patients, Providers,

and Families

James A. Tulsky, M.D.

Director

Center for Palliative Care

**Duke University Medical Center** 

4:40 p.m. Interventions To Enhance the Spiritual Aspects of Dying

Harvey M. Chochinov, M.D., Ph.D., FRCPC

Canada Research Chair in Palliative Care

Director

Manitoba Palliative Care Research Unit

Professor of Psychiatry University of Manitoba

Canada

5:00 p.m. Adjournment

#### Tuesday, December 7, 2004

8:30 a.m. Interventions To Facilitate Withdrawal of Life-Sustaining Treatments

**J. Randall Curtis, M.D., M.P.H.** Associate Professor of Medicine

University of Washington

8:50 a.m. Interventions To Facilitate Family Caregiving

Susan C. McMillan, Ph.D., A.R.N.P., F.A.A.N.

Lyall and Beatrice Thompson Professor of Oncology Quality of Life Nursing

College of Nursing

University of South Florida

9:10 a.m. Interventions To Enhance Grief Resolution

Margaret Stroebe, Ph.D., h.c.

Associate Professor of Clinical Psychology

Department of Clinical Psychology

Utrecht University
The Netherlands

### **Tuesday, December 7, 2004 (continued)**

# IV. What Processes or Interventions Are Associated With Improved or Worsened Outcomes? (continued)

9:30 a.m. EPC Presentation

**EPC Speaker TBA** 

**RAND** 

9:50 a.m. Discussion

### V. Cross-Cutting Considerations

10:50 a.m. Ethical Considerations in End-of-Life Care and Research

David Casarett, M.D., M.A.

Assistant Professor Division of Geriatrics

Center for Health Equity Research and Promotion at the Philadelphia Veterans

Affairs Medical Center University of Pennsylvania

11:10 a.m. Lessons From Other Nations

Irene J. Higginson, M.D., Ph.D.

Professor

Department of Palliative Care and Policy

King's College London

**United Kingdom** 

11:30 a.m. Discussion

12:00 p.m. Adjournment for Panel Deliberations

#### Wednesday, December 8, 2004

9:00 a.m. Presentation of the State-of-the-Science Statement

9:30 a.m. Public Discussion

The panel chair will call for questions and comments from the audience on the draft consensus statement, beginning with the introduction and continuing through each subsequent section in turn. Please confine your comments to the section under discussion. The chair will use discretion in proceeding to subsequent sessions so that comments on the entire statement may be heard during the time allotted. Comments cannot be accepted after 11:30 a.m.

### Wednesday, December 8, 2004 (continued)

11:00 a.m. Panel Meets in Executive Session

> Panel meets in executive session to review public comment. Conference participants are welcome to return to the main auditorium to attend the press conference at 2:00 p.m.; however, only members of the media are permitted to ask questions during the press conference.

2:00 p.m. Press Conference

3:00 p.m. Adjournment